

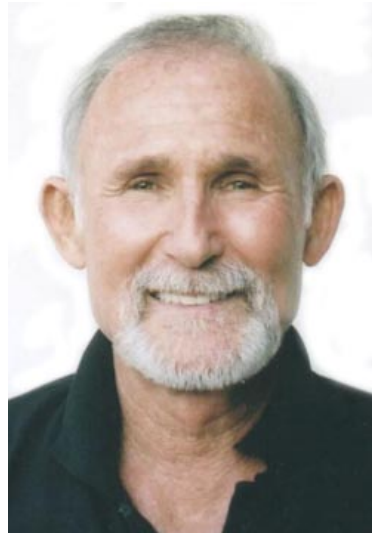
February 20, 2010

ENLIGHTENMENT NOW HEAR

Bernard Gunther Ph.D.

Guide you beyond compulsive mind chatter and excessive emotions into boundless being.

Enlightenment is not about practice or postponement, diet, austerity, karma or atonement; but totally know your at-one-ment in this moment. This evening's gathering will consist of a simple understanding and some direct pointers to realize and maintain this natural blissful being.



February 20, 2010, 3:00 - 5:00 PM
\$20 tuition

Sustain Community Acupuncture,
2537 University Ave. San Diego CA 92104
(760) 487-1035 -- (619) 358-9508
www.SustainAcupuncture.com

Bernard Gunther Author of "Energy Ecstasy" and the "Enlightenment CD" is an internationally known spiritual councilor and workshop leader. He is one of the founders of the Esalen institute in Big Sur where he created the Esalen massage. He is currently living in San Diego assisting individuals in dissolving conflict and realizing their already here now freeing presence awareness being.